

50 million

Steps Against Stigma

Epilepsy affects at least 50 million people worldwide. In many cases, the condition is stigmatized.

Help us to raise awareness of epilepsy stigma by walking 50,000,000 steps - one step for each person living with epilepsy - ahead of International Epilepsy Day, 10 February 2025.

Steps will be counted between 6th January and 10th February 2025.



<https://50millionsteps.org>

#StepAgainstStigma #50MillionSteps

