Epilepsy affects at least 50 million people worldwide. In many cases, the condition is stigmatized.

Help us to raise awareness of epilepsy stigma by walking 50,000,000 steps - one step for each person living with epilepsy - ahead of International Epilepsy Day, 13 February 2023.

Steps will be counted between 8th January and 12th February 2024.

https://50millionsteps.org
#StepAgainstStigma#50MillionSteps