

# 50 million

## Steps Against Stigma

Epilepsy affects at least 50 million people worldwide. In many cases, the condition is stigmatized.

Help us to raise awareness of epilepsy stigma by walking 50,000,000 steps - one step for each person living with epilepsy - ahead of International Epilepsy Day, 13 February 2023.

Steps will be counted between January 9 and Monday February 13, 2023.



<https://50millionsteps.org>

#StampOutStigma #50MillionSteps



International  
Epilepsy Day